The Paw Print

Wilsonville High School

87% - YES

6800 SW Wilsonville Rd.

Wilsonville, Oregon 97070

Are you taking a semester class this year?

New Semester, New Adventures

As first semester comes to a close, students embark on a new journey with a fresh schedule

By Aly Johnston Editor-in-Chief

The end of the semester can be stressful – finals to cram for, papers to write, as well as a new schedule to look forward to. While many classes are year long and require enrollment for the whole year, others are only semester long, and provide students with the opportunity to broaden their skills.

World Language and AP courses, as well as English and Math classes, are typically year long here at Wilsonville, while electives, sciences and social studies can be semester classes.

Many students, like junior TJ Hagen, take advantage of this cool opportunity to change up their schedule. "I really enjoyed Vietnam in the 60's, since we did fun things like listen to Guay's guest speaker and analyze music, but I am excited to go to Outdoor Ed and learn how to survive in the wilderness with Mr. Ryan's guidance."

Senior Zoe Lyons is taking one period of semester classes this year. She took Art III this first semester, and she's planning on taking Sculpture second semester. Zoe said that she's "really excited to take Sculpture, since I haven't taken a class with Escobar since freshman year. It'll be fun to have her again! I also like taking one semester classes because you get to do fun electives and can learn more things."

Junior Nathan Harmitt also has some semester courses scheduled - Weight Training and Healthful Living. Nathan says that it depends on the class, but he generally likes year long courses more than semester courses.

Some students prefer year long classes to semester classes - for example, sophomore Kyra Allen has a schedule with only year long classes. Kyra likes to take year long classes because she "prefers organization and no change" in her class list. She is taking AP US History, Orchestra, English 10, French 3, Pre-Calculus, and Chemistry.

Many WHS students have also taken a variety of year long and semester classes, and find value in both. Anna Sweetland, a senior, has taken many semester classes throughout her four years here, but this year, she has decided to take only year long classes.

She has taken Interior Design, Music History, Street Law, Comprehensive Religion, Web Design, along with a few others. Anna likes both for different reasons - "Semester is nice because you get some variety in your year, it kind of switches up the routine. However on the other hand, I'm the kind of person who is dependent on routine and therefore I enjoy the consistency of year long classes."

No matter if you're taking multiple semester or multiple year long classes, the new semester is sure to bring new challenges. Students have the opportunity to explore new topics and try new courses, or continue with their current course load and expand their knowledge on the subject. Have a great second semester, Wildcats, and let's finish out the school year strong!

Wildcats all over the world



13% - NO



As winter break comes to a close, some cats reminisce on where they were for those two weeks. Some of us were either relaxing at home trying to find something fun to do in Wilsonville, while others traveled long and far to face some warmth.

However, senior Brenden Ertle went straight for the cold with his hockey sticks in hand - finally getting to see his family in Minnesota. Brenden says to bring a coat if you ever go, because it gets pretty cold!

But he enjoyed visiting his parents and little brother and getting to see them since they live there. Brenden not only got the chance to spend time with his family but for a few days before going to Minnesota he got to experience a NFL and NBA game in New Orleans. He had a busy winter break and even though he didn't spend Christmas day with his biological family he was happy he got to at least spend it with his second family.

Going just a little farther outside of our humble town of Wilsonville, senior Cade Edmondson traveled everywhere from Port-au-Prince to Jacmel, as well as Grand Goave and other cities in Haiti. Going with his whole entire family and other families, including the Shivers, Cade got to experience going to various cities, orphanages, and beaches, getting to "Explore the beauty of Haiti ami Seelpage 5 for more...

Cade was there for 7 days and had a ton of great experiences including trying foods from a different culture. When

Cats eye another championship season



After making the championship for the fourth straight year, the boys basketball team is chasing history this season.v Making a 5th straight championship game would be an unprecedented achievement in OSAA basketball history. The Wildcats are poised to do just that as they return three starters from last season(Jack Roche, Keegan Shivers, and Dakota Reber).

The Wildcats started off the season by hosting the Wilson-ville Invitational(WIT) followed up by a home matchup with rival West Linn. Then, they traveled down to Salem for the Capitol City Classic— a 16 team tournament full of in-state and out of state seespage of the more...

In the Holiday Inn Wilsonville Invitational, the



The future of robotics at Wilsonville

Within each of the many extracurricular activities offered at Wilsonville High School, students must exercise the quality of leadership in order to see their team or club succeed.

The students who participate on the robotics team are no exception. They exercise leadership characteristics in every aspect of the team. Robotics, which is heavily based in STEM, is a team in which robots are engineered to complete certain tasks that are assigned.

Although the upperclassmen typically are the ones to take charge on a team, several underclassmen are beginning to take on positions of leadership, as the seniors prepare to transition out of the team.

Daniel Kassab, who is a sophomore on the team, is the mechanical manager, and he also manages students during the meetings. He is one of those underclassmen who is preparing to take over certain positions once the seniors graduate.

When discussing the team, he said, "I like all the new experiences and the fun times that we have at competition. Although the team will change quite a bit, as the seniors are very good at what they do, I anticipate having a strong leadership group next year." He also stated how he was looking forward to the open positions on the

sam and the overall lead who See page 4 for more...

January 22, 2019 Page 2

Students and staff need new art outlet

WBN plans visual arts and literary magazine

By Isaac Boger Arts Section Editor

The Wilsonville High School Community needs a new medium for showcasing their creative endeavors.

Wilsonville High School boasts one of the best high school art departments in the state, with courses including drawing, painting, jewelry and sculpture. In addition students can exercise their creative muscles in graphic arts, photography, and creative writing and often take what they learn outside of school.

Visual art and photography students' work are exhibited throughout the school year in galleries and shows, often on campus at Wilsonville High School, but rarely do the visual artists get to share their work directly with the wider student community. The terrific writers and poets get even less recognition, as their work cannot be shared in galleries, but can only be absorbed intimately through books and the notes app.

In the past, the high school had an annual art and literary magazine to fill this creative niche. Changing names along with its changing staff, the magazine (Cornerstone, then Soliloquy) featured poems, short stories, essays, photographs, drawings and

portant because appreciating the

and art students make outside Shotola-Hardt. of class are rarely encountered by the majority of Wilsonville stu- This year the Wilsonville Broaddents. Some artists and writers' cast Club is bringing back the peers and teachers may not even magazine under the new Wildcat know they possess those special moniker: MEOW Magazine. Sub-

2003. art teacher Mr. Shotola- lyrics, short stories, pictures of Hardt co-advised four volumes of sculptures, graphic design, short Cornerstone: Literary Arts & Vi- comics, or any other original visual Arts with Mr. Slick. It was his sual or literary arts students AND decision to add the "visual arts" faculty wish to submit. title to the magazine because he "felt that the art should be able All works must be submitted by

Mr. Shotola-Hardt and a team of please contact MEOW at wvhs. and handpicked the writing and also contact me, the head editor, art that would be showcased in at bogeri@wvhs.wlwv.k12.or.us or

paintings by students and staff. instances when the faculty piece The magazine was im- was cut," mused Shotola-Hardt.

writings and visual art of their On the submission most likely to peers encourages students to make the cut, "I recommend not create their own and share it as trying to psyche out the jury, not well. It also allows students to try to figure out what they will like. gain a deeper understanding of Be authentic. Be you. What brings the lives and emotions of the peo- you deepest meaning? What ple they share most of their days challenged you the most? What with. Empathy through art allows piece(s) made you grow, which for a more harmonious and fruit- were your breakthrough works? Which pieces have had genuine impact already on your audience Unlike art which is dis- - peers, mentors, or people who played around the school, writing will give it to you straight," says

> missions to the magazine can include photographs, paintings, Between 1999 and drawing, digital art, poems, song

to stand alone and be strong on the 31st of January to wvhs.art. its own and not just be seen as a mag@gmail.com. If you have any support to another creative disci-questions about anything, including questions regarding content or other forms of accepted work, editors went through submissions art.mag@gmail.com. You may the magazine. "There were some the faculty advisor, Mr. Fitzgerald, at fitzgerJ@wlwv.k12.or.us.

Daylight saving time and sleep: are they correlated?

savings affects their

said that they both

ended up resting

By Gabby Leon Staff Writer



A student resting between their classes. Daylight saving time disrupts sleep schedules when we lose an hour, but when we gain an hour of sleep, students have an opportunity to rest up.

They both used the extra daylight savings has hour to catch up on more sleep. passed, we have had Hailey Flick (sophomore), on the the chance to stay other hand, said that she noticed up later, get more no change in her sleeping patwork done, or just do tern. She hadn't even noticed the other activities with extra hour that was gained. the extra hour. I have peen wondering, how-

Personally, I think that ever, whether gain- daylight savings doesn't play a ng or losing an hour huge role when it comes to one's mpacts someone's sleeping pattern. It does, howsleep schedule and ever, rely on what you're doing their daily routines. throughout your day. For example, daily activities, what you eat, and When stu- your night routine can affect how were asked well or how long you sleep that about how daylight night.

Daylight saving may be a sleep, the answers factor, but ultimately isn't the reavaried: Jude Tinkler son for why you may sleep better and Ben Sheirbon during one time in the year than (sophomores) both the other.

New Year's Resolutions -Why I'm resolving to not make empty goals

I feel a pressure to do everything

at once. Say I make a resolution

to do my homework the night it

assignments the night they are

assigned and then wait until the

it's like I'm testing the waters and

ery goal we make for ourselves;

quitting/starting anything all at

I wanted to quit sugar, so I tried

completely stopping it. That went

about as well as you would ex-

Once I rethought that decision, I

began to slowly cut sugar out of

my diet. It was so much easier! I

just needed to ease my way into

it. I think that same logic can be

applied to our New Year's resolu-

Making resolutions and setting

goals for yourself is great - it gives

you something to work toward

and be dedicated to. Putting all

the pressure on doing it January

1st, though, has the possibility to

deter you from reaching your goal.

Many people use the phrase "new

year, new me" to describe their

- starting the new year off by try-

A few months ago, I decided

once can be extremely difficult.

However if I wanted to

I think this applies to ev-

By Aly Johnston Editor-in-Chief

The beginning of the new year al- was assigned and not wait until ways brings excitement, a sense the night before it would be due: of refreshment, and tradition- I might start off the year by doing ally. New Year's resolutions. For that for a few days, but I would as long as I can remember, I've likely burnout very quickly. my health, for my relationships actually follow through and reach with friends and family, and for my goal. I might do one or two

This year, however, I made a different kind of prom- actual due for the rest. This way ise: one not to damage my self esteem by breaking my resolu- slowly getting used to this new tions. I know I'm not the only one habit instead of drastically changwho struggles with keeping reso- ing my ways.



Many people make goals to better themselves; pictured above is a student filling up their waterbottle to help them meet their goal.

make the typically drastic chang- outlook on the upcoming year. I es that come in the form of reso- think that's a good goal to have lutions as soon as the ball drops.

Every year, making reso- ing to better yourself is something lutions comes with hope and to be proud of. If you don't reach promise; I always feel ready to your resolutions, though, don't let make a change and switch up that deter you from making other my routine. After a week or so, goals for yourself. though, the excitement wears off "New year, new you" - try someand I'm left with a resolution that thing new this 2019 and don't I won't keep.

the resolutions. Sure, I still have one day. Give yourself grace to be goals for myself, but I'm choos- human and make mistakes and ing to look at them in the long learn and grow: that's more than term. I find when I set goals right any resolution can do. at the beginning of the new year,

put so much pressure on yourself So this year, I ditched to meet your resolutions in only

DEFEND FREE SPEECH

"In order to be able to think, you have to risk being offensive" -Dr. Jordan Peterson

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OPINIONS



January 22, 2019 Page 3

Culture of Supreme

By Ian Flynn Staff Writer

A while ago, around the fall and winter seasons of 2017, a particular name exploded among a lot of young people in the United States. Supreme, a New York City based skate brand that originally started in 1994, was the product of thirty-one year old urbanite, James Jebbia, who wanted to fashion an edgy yet welcoming skate and clothing shop.

Here at Wilsonville High School, Supreme has played a pretty prevalent role in student life from various clothing to the widespread use of their brand logo on their stickers. Supreme is the status or hype that was assoparticularly known for their simple, rectangular, red, futura bold italic logo which just about any student can recognize today.

Supreme at Wilsonville High School is not only seen as just a brand but additionally a business opportunity for students. Supreme is known for being particularly exclusive and being in high demand because of their periodic releases and their relatively low inventory stock. As a result most Supreme products are likely to be found the day after their release being resold for significantly more than its retail price.

Tate Ericson, a senior at Wilsonville High school, talks about his business in the Supreme market. Originally reselling limited release sneakers, Ericson expanded his ventures to Supreme for about a year because of the higher profit margins. In terms of how the market for Supreme has changed since he originally got involved, "Half of their company was purchased by the Carlyle Group which pushed them into making higher stock which resulted in lower profit margins and oversaturation." says Er-

The Carlyle group is a private eqto making higher stock and in turn in the resale market also became common with the influx of 10 year olds buying 1 item a week with their mom's credit card." says Errecognition by both the masses and big companies are likely going to be its downfall. "It's got a year," says Ericson who has plans to return to the sneaker market.

This school year in particular we've been seeing mixed may be for the best since younger opinions on the popular skate brand. While the actual brand may still have quite the same sta- them look fashionable. Therefore, tus and popularity, some people might argue that the logo has Supreme hype has come down become an eyesore to be seen from its sophomore worshiped everywhere. The logo now more pedestal. than ever may seem like an eye-

sore because of various other brands ripping the red box logo and font with a different word or different brand name in order to ride Supreme's stylistic wave.

Kyle Marshall, a junior at Wilsonville High School, gives his current opinions on Supreme. Marshall owns a few things from Supreme himself (i.e. Supreme/ North Face backpack). When asked about how Supreme originally appealed: "The abstract designs on the clothes and the hype of the brand" says Marshall. These two things are considered their two biggest appeals: a left field approach to the creative component of their line as well as

However, when asked whether he still feels like those things are appealing, Kyle said "I still do but not as much as I did when I first found Supreme," Many previous Supreme advocates would now agree that the brand doesn't carry the same weight. In fact, Kyle and many other students at this school would likely agree that Off-White is more preferred.

This is probably for the best, with Supreme's year long reign, it seems about time for more creatively respected clothing lines like Off-White have their share of popularity especially with designers like Virgil Abloh at the helm.

I, lan Flynn, own two items of Supreme: a grey beanie from the 2017 Fall/Winter collection and an acid green cordura backpack from 2017 Spring/ Summer collection. I can report that both items were incredibly expensive since both were bought at resell price. However, I must also note that I have used both the beanie and the backpack a lot. The backpack now is very worn from my excessive use of its utility and the beanie is still good shape because of its

Supreme is a high qualuity which Ericson says is responsible for Supreme changing focus short of their expensive prices for a designer brand. However, a lot lowering margins. "Undercutting of their popularity or "Hype" appears quite misguided compared to any other designer brand. Supreme does not exceed beyond brands like Louis Vuitton or Calicson who sees that Supreme's vin Klein in terms of their cost to quality relationship.

> However, they do have more appeal to the younger population since that is their target audience. Supreme's particular decline at Wilsonville High School grades happen to be interpreting their costly nature as making I believe it's about time that the



Is it still worth reading Shakespeare?

By Peyton Butler Staff Writer

In almost every English class in high school, students focus some amount of time on Shakespeare's works. William Shakespeare was a playwright who created plays during the late

He is considered to be one of the most prevalent playwrights due to how long his plays have stood the test of time. Shakespeare plays can either be hit or miss with students. Many feel that his plays are outdated, or too hard to understand. On the other hand, there are some who feel that these plays demonstrate a vast array of how complex the English language is.

Senior Lauren LaFreniere stated that, "I think Shakespeare is still applicable because a lot of literature today still has

30

and phrases were created by each year. "Shakespeare's plays Shakespeare himself as well as are essentially a map of humar different literary devices.

niere's comment, Senior Macy the consequences of our actions Carlson said, "I think it's good for His plays also remind me of how students to read, but I do not engrateful I am to be a woman in the

that Shakespeare is hard, but im- that were interviewed felt that portant to read. When asked why we use today, but I feel like the subject matter of his plays can still be applicable to things that

Hanlon teaches many of Shake- reflected in the present day. speare's plays in each of her dif-

Shakespearean elements. I think ferent classes. By teaching differit's really important to continue ent shows each year, she stated nature--they advise us what to In contrast to LaFre- do and what not to do, and of

English Teacher Ms. than now, similar themes are still

The Paw Print

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Special thanks to Mr. Greg Artman for his amazing photographs

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Mission Statement

The Paw Print is a student newspaper dedicated to producing accurate, interesting, quality news. We believe an informed school has major advantages in many forms of education. We are committed to practicing sound journalism and deliver ing the opinions and ideas of the students in a free and oper

Contact us - fitzgerj@wlwv.k12.or.us

environment.

January 22, 2019 Page 4

MECHA collects coats for Portland Rescue Mission

By Ashley Martinez-Lucas Staff Writer

For the past 5 years, MEChA (Movimiento Estudiantil

At the end of every coat drive. Mr. Rvan takes the coat donations to the Portland Rescue MEChA decided to continue this Mission for those who need them. tradition, she said, "It's getting re-The Paw Print interviewed MEChA ally cold outside. Some people do President and junior at Wilson- not have access to a warm coat ville, Melody Garcia-Gonzalez; that will get them through the and Mr. Ryan, an English and Out- cold weather. If we can help, we door Education teacher at Wilson- will. It's the time of giving and if

ago. We just collect coats from er big donation this year!" anybody who has any extras. We take them down to the William Temple House, which is a food Chicano de Aztlán), a student or- pantry and homeless services organization that promotes higher ganization that my brother helps education, culture, and history, run, down in Portland. They're has hosted a winter coat drive. always so appreciative... We usu-They ask the Wilsonville High ally collect more than, about 120. School student body to donate I think that the record is of 220 the coats that they no longer use. coats ... I take them down during

We asked Melody why

surrounding this coat drive. "We people who need it. I really hope that we have donated as gone 2019, were hoping to be able to started the coat drive five years that Wilsonville can make anoth- up. Back in 2016, 92 coats were have this steady growth continue. donated. By 2017 the number of If the number of coats keeps in-



we're in a position of being able Hopefully next year, in 2019, we coats donated had gone up by creasing each year, then we will We asked Mr. Rvan to For this year, she said that she ex- larger amount of coats. In pre- to donate 120 coats to the Port- in need. give us a little bit of background pects, "To be able to help a lot of vious years, the amount of coats land Rescue Mission. This year, in

to give, it's always nice to do so." will be able to donate an even 10. In 2018, MECHA was able be able to donate and help more

treats, but there was music for the

people in attendance to bop their

heads to. Unfortunately, music at

homecoming and winter formal is

often too intense for some students

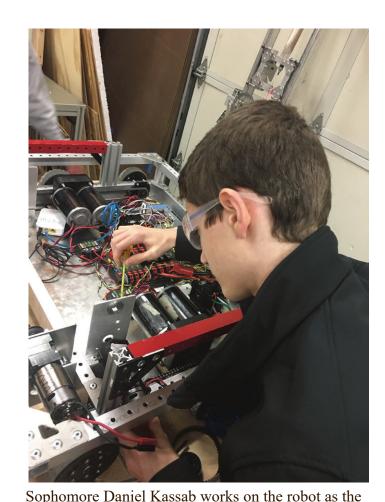
to participate in so events like this

are perfect for those who want a

more calm yet still just as fun en-

The future of robotics at Wilsonville

How underclassmen are helping to lead the team



mechanical manager. He is looking forward to the competition season this year, as well as a crucial team leader in the years to come.

ticipate on the robotics team

are no exception. They exercise

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a team in which robots are engi-

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By Grace Yaso Academics Section Editor

Within each of the many extracurricular activities offered at Wilsonville High School, students must exercise the quality of leadership in order to see their team or club succeed.

The students who par-

charge on a team, several underclassmen are beginning to take on positions of leadership, as the seniors prepare to transition

Daniel Kassab, who is a sophomore on the team, is the mechanical manager, and he also manages students during the meetings. He is one of those underclassmen who is preparing to take over certain positions once the seniors graduate.

When discussing the team, he said, "I like all the new experiences and the fun times that we have at competition. Although the team will change quite a bit, as the seniors are very good at what they do, I anticipate having a strong leadership group next year." He also stated how he was looking forward to the open positions on the drive team and the overall lead, which he is looking to apply

This competition season. Daniel is looking forward to competing against teams from all over the world at the world championship, as well as the space themed games that will be released in early January.

We are looking forward to how the team will perform this year, along with the new leadership team that will take charge of the future of the robotics team.

FRC Team 1425's next home competition will be on which is heavily based in STEM, is March 8th from 10 a.m. to 6 p.m. in the Main Gym here at neered to complete certain tasks WHS. Good luck Error Code Xero!

Unified Game Night Takes Over Wilsonville High

By Kali Connell Staff Writer

As many of you have probably heard of the class "Peer Mentor" before, you would know about our fantastic unified friends. An event put on at the school wooed the students--and unless you've been living under a rock, you would know that this very special Wilsonville High experience was titled: Unified Game Night!

A fantastic evening put on by leadership and one of the peer mentor leaders Ms.Kinder brought together the community to have some fun. Kinder expressed, "It was an event open to any student in the school. The goal is to bring sure to keep alert so you can parstudents together to have fun and nonefully make new friends". At the function there was a game I hope to see everyone at the next and drawing, as well as plenty of snacks for everyone!

Not only were there games and

25 students attended this fun-filled-night and we hope to see even more in the future! We are lucky to have such a great program at our school that cares about each and every student as much as our Peer Mentor teachers do. Ms. Kinder shared, "We will definitely organize more events similar,", So if you missed it this time, make

truck, video games, board games event like this! Thank you again to Ms. Kinder and leadership for making our school a welcoming environment and taking the time to



Students play video games at Unified Game Night. Atendees say it was a fun and enjoyable afternoon.

STUDENT LIFE : *

January 22, 2019

Page 5

Wildcats all over the world

Students travelled near and far to enjoy their winter break

By Jessica Caulk Student Life Section Editor



Senior Lucie White travelled to Italy over winter break. White enjoyed her trip in a new place

to a close, some cats reminisce to spend time with his family but on where they were for those two for a few days before going to Lucie's first time in Europe she weeks. Some of us were either Minnesota he got to experience enjoyed it, especially Venice, "berelaxing at home trying to find a NFL and NBA game in New Or- cause the whole city is on water." something fun to do in Wilson- leans. He had a busy winter break ville, while others traveled long and even though he didn't spend out of our town to "Experience However, senior Brenden Ertle family he was happy he got to at

hockey sticks in hand - finally get- family. ting to see his family in Minneso-

Christmas day with his biological went straight for the cold with his least spend it with his second

Going just a little farther ta. Brenden says to bring a coat if outside of our humble town of break. Whether it was relaxing you ever go, because it gets pretty Wilsonville, senior Cade Edmonson traveled everywhere from in another country, it was nice But he enjoyed visiting his par- Port-au-Prince to Jacmel, as well to get some time off from school ents and little brother and getting as Grand Goave and other cit- and homework. Now just a couple

entire family and other families, including the Shivers, Cade got to experience going to various cities, orphanages, and beaches, getting to "Explore the beauty of Haiti amidst all the poverty."

Cade was there for 7 days and had a ton of great experiences including trying foods from a different culture. When asked whether he reccomends going to Haiti, Edmondson said, "Yes, it's important to get out of our bubble in Wilsonville and explore other countries and cultures."

Finally, senior Lucie White traveled all across Italy. Starting in Venice, then to Tusca-As winter break comes Brenden not only got the chance ny, on to Florence and Pisa, and finally finishing in Rome. Being Lucie also recommends going all the amazing building that are older than our country and all the amazing artwork and food."

It seemed that many to see them since they live there. ies in Haiti. Going with his whole more months until spring break!



Senior Brenden Ertle meets Bruce Thompson at a Saints game. Thompson is a wide reciever for the Saints.



Michael Lorio, D.M.D.

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Wishes granted at winter assembly

Students enjoyed a fun assembly in December

By Sydeny Jacobsen Staff Writer

Every several months we as a was preparing for the assembly student body are blessed by our wishes. When asked what these leadership program with a fun wishes meant to her, Sydnie refilled assembly. These assemblies sponded, "These wishes mean a are given a chance bring the student body together in lot because we as leadership stua way that no other event at this dents are given a chance to make school is able to do, and out of all a real difference in someone's of these assemblies, one sticks day, and who knows how that out from the bunch.

Every year the Winter Wishes As- Sydnie believes that these wishsembly is looked back on as one es have a huge impact on the of the most memorable events of the year. This assembly contin- look forward to for the students ues to bring some kind of shock in a time of the year during which to the student body, while uniting students through games and keeping their head up. I asked

This year the leadership team the assembly was and she said, went above and beyond in every "My favorite part about the Winter way to make the holiday spirit Wishes Assembly was being able shine throughout the school, and to include Mr.Koll and the other this assembly was no different. teachers because it can show Throughout the several weeks students a better, more fun side between Thanksgiving Break and of the teachers." Winter Break, student's wishes As a student who has seen this were being granted.

Leading up to the biggest pre- it was a great opportunity to talk winter break celebration, leader- to Sydnie and to see first hand ship students were scurrying and the effects that the wishes, the preparing for the assembly. Prepdecorations and the fun activiarations included talking to Mr. ties had on the students. The Baker and planning the dramatic ability the leadership team has haircut, persuading Mr. Koll into to pick up the school and give his performance, and of course students something fun to look getting all the Dutch Bros deliver- forward to for some of the hardies done in time.

I was given the opportunity to talk short of magical. to leadership student Sydnie Jer-

sey to get the inside scoop about this assembly. Sydnie said that her favorite part of the season wish will affect their life."

school, bringing something to Sydnie what her favorite part of

season shine throughout WHS, est weeks of the year is nothing

"These wishes mean a lot because we as leadership students to make a real difference in someone's day, and who knows how that wish will affect their life."

> Sydnie Jersey, senior



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Cats eye another championship season



By Finlay Dunn Staff Writer

After making the championship for the fourth straight year, the bovs basketball team is chasing history this season.v Making a 5th straight championship game would be an unprecedented achievement in OSAA basketball history. The Wildcats are return three starters from last season(Jack Roche, Keegan Shivers, and Dakota Reber). The Wildcats started off the season by hosting the Wilsonville Invitational(WIT) followed up by a home matchup with rival West Linn. Then, they traveled down to Salem for the Capitol City Classic- a 16 team tournament full of in-state and

In the Holiday Inn Wilsonville Invitational, the 'Cats ning their three games by a total margin of 124 points. The main contribution to the margin was a tremendous 103-43 victory over the Ridgeview Ravens where every player who they won three games in a row checked in scored at least five points. The game also featured multiple outstanding individual performances including Jack Roche breaking the assist record mette University in which the at Wilsonville High School with 'Cats participate in every year. 18 assists and 26 points and Classen says that he enjoys play-Nolan Thebiay with a double-dou

ble(12 points and 11 rebounds). Wilsonville then went on to win their next two games, Eagle Point and Mountain View respectively, to capture the tournament.

Approximately weeks later, the West Linn Lions came to town in search of a third straight win over the Wildcats. The 'Cats were able to take down the Lions 66-62 in a closely contested battle between basketball heavyweights. According to Junior wing Andrew Classen the Wildcats won because they got key defensive stops to open the game and to close the game out. Junior wing Keegan Shivers added that the victory over West Linn was due to two weeks of hard work and preparation in practice leading up to the game. He continued on saying, "Also the way we came out the second half really working for great shots, playing great defense, and playing as a team real-

ly helped lead us to a great win." Just a few days later, the Wildcats were participants in the Capitol City Classic where before falling to the Centennial Huskies from Corona, California. The Capitol City Classic is a tournament held at Willa-

Junior Keegan Shivers is pictured raising his arms in triumph after the final buzzer in Wilsonville's win over West Linn. Photo by Greg Artman

ing in the Capitol City Classic because there is always a high level of competition. Shivers agreed with Classen saying that the Capitol City Classic is always a great tournament and it gives the Wildcats opportunities to play some out-of-state teams like Centennial. At the time, Centennial was a top 20 high school basketball team in the nation. On the Centennial topic. Shivers said. Playing Centennial was a really fun opportunity for us. We feel like when we play our way we can compete with anyone...'

Through eleven games, the Wildcats are 9-2 and looking like they could have a special season if they continue in this direction. Classen says that this team is special because of the chemistry between them due to most of them knowing each other for over five years. On another note. Shivers said that the team is special because "We have so many guys bringing different things to the table." He continued on saying that they all have the willingness to do the little things which is a major contribution to the success of the team For the rest of the sea-

son, the 'Cats have high expectations and goals, but they are prepared to exceed them. Classen says "My goal for the team is to win the NWOC conference and have positive momentum heading into the playoffs." When asked about goals for the team Shivers addressed goals and expectations saying, "We have high expectations for ourselves, but we need to take it one game at a time..." However, both Classen and Shivers agree that the Wildcats boys basketball team has the

Swimming laps

By Meghann Yochim

long-awaited wintertime has finally arrived, but instead bundling up with blankets and coats by the fireplace like most of us do, swimmers are stripping down to their swimsuits and jumping into the pool. The swim season goes unnoticed by many each and every year, since Wilsonville High School doesn't have a pool. That doesn't stop swimmers from diving into swim season at Tualatin High School's aquatic center, though. Our swim eam supports a wide range of swimmers, from people who have never swam before to those who go on to compete at state. Thinking about joining swim next year or just interested in the sport? Let's talk to a couple of people on the team. Ellie Wettstein is not only new to competitive swimming: she's also new to Wilsonville High School. This freshman has grown up around a pool but has never thought about doing the sport competitively until her sister, the senior Sam Wettstein, did. "I really like finishing a practice and knowing that I improved in one way or another," Wettstein goes on to say, "I think swim is difficult in a good way because I get to watch myself get better and learn." Wettstein is excited to continue in her swim journey throughout high school. On the other hand, junior Camryn Pettenger-Willey is in the middle of her third year of swimming for the Wildcats. She hasn't single day, and also being a part of swam for a club team but she has such a wonderful team every year. swam competitively for the high

school these past three years.

"My favorite part about swim-

I can focus on the individual aspect of the sport, that I can push myself however much I want, and chose to improve." Pettenger-Willey's goals are to get a faster time than last year in all of her events, and to also make it to the second day of districts again. Last but most definitely not least, sophomore Abby Maoz is going into her second year High School. Don't let that fool ming for much longer than that. Her mother signed her up when she was only 8 ½ years old, and she's stuck with it ever since. "Honestly, my favorite part about swimming isn't really the swimming itself, it's my teammates, Maoz admits, "and that's really the main reason I've stuck with it, because I have such amazing friendships there that I think I've ever had." While Maoz enjoys the sports for its friendships, she also looks forward to improving. She mentioned that she would like to make the national championships in the 200 yard breaststroke, win high school state again, and to get closer to the olympic trial cut in the 100 meter breaststroke this summer. Although swim season is coming to a close, these swimmers are excited to have another year of swimming under their belts-or should I say swim caps. They love competing indoors during the winter, participating in a sport that pushes them to be better every

ming is the sport itself,"

Pettenger-Willey says. "I like how

SPORTS

By Cydney Gutridge

Traversing the slopes

Winter sports are in full swing and the Wilsonville Girls Ski Team is the group to watch this season. Last year, the girls team placed 3rd in the district goals, the girls are putting in time on and off of the a week, the

tioning workouts. in graces. Once the snow is in prime condition, the team travels to Mt. Hood for practice. Two star skiers to watch this season are Sophi Heilig and Cailin Gahan. Gahan has been skiing since she was 2 years old and has been rac-

With an incredible amount of the amount of time she puts the same barn, either experience, she has seen great into improving her skiing skills. in Aurora or Molalla success in her high school Heilig is feeling more sentimen- Once a week makes racing career. Last year, she tal about her last season on the sense, but their schedplaced 2nd in the league, and mountain and claims, "This sea- ule increases as the seaplaced 6th overall in state, son I would love to really focus son gets into full-swing. Sophi Heilig has also skied since on technique and skill while also This will be Aurora's sec she was 5 years old and started having as much fun as possible ond season competing ir racing her freshman year of high because it's my last year racing." OHSET, which stands for Oregon school. As she enters her fourth Competitions will begin in mid High School Equestrian Team. and final ski season she says, December and will be every Satur-"Being a part of the ski team has day until early March. But the most Senior, allowed me to create new connec- exciting event of the year-- state -- Jersey is a four time OHSET veter- horse. You try and get the fastest This upcoming season, Carly is tions with people and meet new will take place in March. Best of an at Wilsonville. Her mom, Lori, time as possible," says Jersey. focused on shoot-roping, which friends from different schools." luck to our girls ski team this year. The conditions of the snow on the mountain are often times unpredictable - therefore, the team has

to make the most out of the snow

that day. Gahan says, "No matter

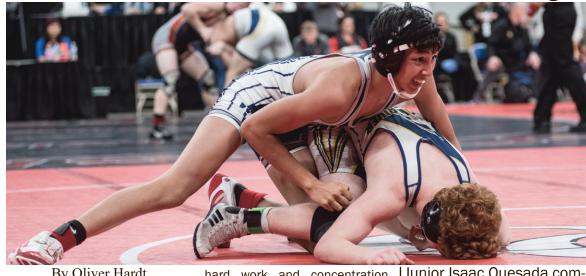
hill we always have a good time." In fact, some of their best memories include when the weather One of Heilig's best memories is. "There was a bad snow storm so

for league, and to place due to the time and ing top three in state." Gahan is energy it takes to get since the age of 5. on her way to success with everyone's horses to

Above: Senior Sophi Heilig

On Right: Sophomore Aurora Barkley.

An inside look into Wilsonville wrestling



By Oliver Hardt Staff Writer

This year, the Wilsonville wrestling team has welcomed many new faces to the program, from freshmen to seniors. For many who haven't tried the sport, wrestling can be as much of a mental sport as a physical on. It can be much more punishing mentally and physically than a team sport like soccer or basketball, due to the one on one nature of the sport.

Isaac Quesada, a junior on the team who took 3rd in state

level and the match lasts a long time. When you are both super tired and feel like you can't wants it more and who has the mental toughness to persevere

weight, each using their full strength and technique to pin or gain more points than the other wrestler is very difficult and takes

Sophomore Aurora

hard work and concentration. This can be very mentally taxing for people who are new to the sport, as their opponent could have years of training over them.

very quickly. Isaac Quesada talked to me about their season so far.

The team is doing pretty good for a team full of rookies and at an alarming rate. Compared as well with a great part of our

The team is looking to continue its progress going further nto the season. For Isaac, the rest of his season is going to focused on improving his skill and technique on the mat. "After getting third in state last year or at least a high place in the team, he is an example to his complish what I put my mind to." teammates who are just coming

|Junior Isaac Quesada com peting at the 2018 state meet. He placed 3rd. Photo by Greg Artman

So far the team has lost both of gets closer, and playoffs are it's meets, but they are improving around the corner, the team is

to last year, we haven't done so they can compete. If they don't in, they can't compete. This being seniors, I have a good vi- adds onto the mental toughness

hard because you're pretty much year I'm looking to getting se- go to school and then practice state." As one of the leaders on know I can push through and ac-

into the sport for their first year. derway, and we can't wait to cheer As the end of the season on our wrestlers this season

Equestrian team sets their sights on a hopeful By Alaina Bekebrede upcoming season **Opinions Editor**

huddled up to stay warm, As spring draws near, the eques- was little so it inspired me to start plains Jersey. However that didn't ind one racer started to trian team ramps up their prepa- as well," says Jersey. "I've been scare her away as she's been ration. A couple of stars on the continuously competing in the around horses her whole life. team share what brought them Barrel Racing and Gaming rounds Jersey is hopeful to return to the to the sport and what they hope with my younger sister, Skylar". state competition this year for Not many know about this intri-Barkley cate sport but here's some key colleges with rodeo teams so she everyone cheers each other on," competes in: "Gaming is a cat-next four years. "I think it'd be fun, Barkley says. The team starts egory of timed events, which Bar- meeting lots of great people, and

practicing on November 1, simi-rel Racing to beginning of February and the the state competition isn't until May. The reason? better "We only practice once r e - a week on Sundays," sults says Barkley. This is

ville athletes competing. "I've in her OHSET career. "I lost the looking forward to her second been around horses my whole reins and she threw me off the season competing in OHSET life, my mom competed when she side and I went into a fence," ex- alongside her sister, Kendall.

info about what events Sydnie can continue this sport for the is a part of, I could be really happy if I ended up going that route," says Jersey.

"I started out in Showman

show your horse off to the best of your ability. Now I'm trying to learn how to move cows and roping,' says Shanklin. Carly has been around horses from the early age of 5, and still remembers the joy of seeing the trailer pull up and being super excited. "I've used the same horse, Oscar, since I was 8 years old," says Shanklin. After watching her older sister, Junior Kendall Shanklin, Carly decided to Sydnie Jersey letes perform a certain pattern on compete with her horse as well. and older sister, Savannah Jer- The sport is not without risk of is where you chase a cow on sey, started up the OHSET team injury. Jersey has been lucky to a horse and try to get a lasso again after a hiatus from Wilson- have only had one bad accident around the cow's neck. Carly is

Sophomore, Carly Shanklir the athwhere

Sydney Burns rises to the occasion

By Ally Finkbeiner Staff Writer

ketball game this season, you I have ever gotten to play with." would have quickly realized one thing: This team is really good! Burns is more than just an elite

and made a huge impact off the posure throughout our games bench. She had multiple games and is very supportive to us all." with four or more steals, and she showed great leadership and With her outstanding character

starting spot on a Wildcat team future, and she mentioned, "I with a lot of depth and talent would love to play basketball after available at her position. This role high school, wherever I can play." she has stepped up to fill is not by mistake; Burns is extremely driv- However, Burns has her priorities en and motivated to make herself straight. She knows that this year better, "I spend a lot of time in the Wildcats have a great shot the gym and try to keep working at winning the state championon my game in the off season, ship. While college basketball

nized by head coach Justin the team get to Gill Coliseum. Duke, who has referred to her as one of the best players in the state. Similarly, Burns' team-

mates have taken note of her work ethic. Fellow sophomore Emi Bishop said, "She's hands If you've been to a girls bas- down one of the hardest workers

And if you stuck around for a player, though. Senior wing Emily few minutes, you would realize Scanlan remarked, "Sydney Burns another: sophomore guard Syd- is not only a fantastic aggressive ney Burns is really, really good! player but she has the best sportsmanship from a player I have ever Burns played varsity last year, seen. She maintains her com-

court awareness as a freshman. and the ability to score at her will. Burns has the makings of a stel-This season, Burns has earned a lar basketball player with a bright



like playing club." she explained. may be in her future, Burns is basket in a preseason focused on making every effort match-up against Crescent Her efforts have been recog- to lock in this season and help Valley. The Wildcats are Greg Artman



Sydney Burns attacks the looking to go deep into the playoffs this year. Photo by

ACADEMICS



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Cocoa and Cram: a Wilsonville tradition

By Zoe Lyons Staff Writer

Congratu-

lations students, you're almost there: you're nearly done with finals week. For many students this wasn't their first time taking these exams, but for the freshmen this was all new territory.

Wilsonville High School Link Crew has had a longstanding tradition of helping freshmen prepare for these difficult tests by putting on an evening study session called Cocoa and Cram. Every year students can stop by - drink some hot cocoa - and get help from teachers, Link Crew leaders, and their fellow stu-

Cocoa and Cram last year and the leader after going to events like availble after Spring Break. sophomore class seemed to really appreciate the help they got her favorite part was helping from their Link Crew leaders. "It teach students: "It was really nice

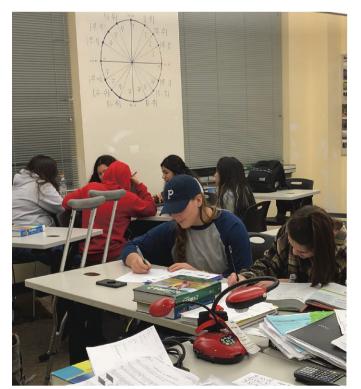
was helpful because when I had a getting to know the freshmen." tough test, they helped me study

about Cocoa and Cram is work- English finals last year. ing with students who know exsaying, "It helped me because I ever finals. was able to help study with other this as a freshman, and she says

No matter what you're for that. The leaders were really struggling with, there's a link crew kind and helpful," says sopho- leader there to help. "It was great, more Tristan Aytes, who urged one of the link crew leaders knew freshmen to attend this year's a lot about bio and that is what I was struggling with." says Yaso, One of the best parts who helped students with their

Looks like Cocoa and actly how you're feeling because Cram was a success again this they've been there. That's why a year Wildcats!! The freshman lot of students who went to Cocoa class worked really hard and was and Cram as freshmen went on to able to get some much needed join Link Crew once they became study time in before finals. Thank upperclassmen. One of those you to all the Link Crew leaders students, senior Grace Yaso, was who came out to help the fresha big fan of Cocoa and Cram men be successful on their first

If you are interested in people." Another senior, Peyton becoming a Link Crew Leader Attendance was high for Butler, also became a Link Crew yourself, applications will be



Cocoa and Cram provides students with an opportunity to drink hot cocoa and eat cookies, it also allows them to study for their exams, pictured here.

Sophomore academic spot-

Sophomores impart their wisdom about finals to freshmen

By Grace Yaso **Academics Section Editor**

As finals have come upon us once again at Wilsonville High School, many have been cramming for their Chemistry or Precalculus finals. As freshmen, it can be quite daunting to know where to begin studying for the exams. We spoke with several sophomores who share their secrets to success to studying for finals.



Gabi Bean: "Study in small increments at a time and don't cram."

Not pictured - Aurora Barkley: "Use an online grade calculator so you know what scores you need to get on your exams to achieve the grade you want."

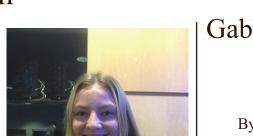
art: "Know which classes are your anything that you're confused hardest ones and focus more on about!' those classes. Also, being organized helps while studying for fi-



Sohma Cox: "Don't overtress over it. Prioritize things you don't know to study and be confi-



Caleb Yaso: "Study for about five to ten minutes every night in every subject. Also, ask Not pictured - Sara Stew- your teachers for help to clarify



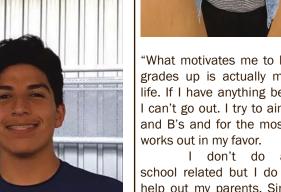


you get a review, start studying."

that it is important to begin studying in advanced for the exams. However, it is vital to not over stress! Make sure you study and



Katrina Brisbois: "Be organized and don't procrastinate on your homework and studying."



Josh Aguilar: "As soon as

do your best! Good luck, Wildcats!





'What motivates me to keep my grades up is actually my social can't go out. I try to aim for A's and B's and for the most part it

I don't do anything school related but I do have to help out my parents. Since they get home late, I help take care of my brother and try to do some of the house chores. My motivation to do well in school is to make my parents proud.

My parents never had the opportunity to go to college and want to be able to make them Overall, it is safe to say | proud. I want to be able to attend a good college and to be able to become what I want to be. I hope that I can make my parents proud with my accomplishments."

-Sophomore Gabby Leon



keep doing well in school is that high school is the key to getting into a good college. These 4 years of high school are very helpful, if not vital, to going where you would like to in life. By way of exlife. If I have anything below a C tracurricular activities, I don't do as much as I'd like. I have been doing medical research through our school ISEF program and am looking forward to track season in the spring. For me, balancing extracurricular things and grades is all about priorities. If I want good grades, I spend more time working on that. If I want to spend more time doing other things, then I do. It comes down to what is important to me. The reason I make an effort to do well in school is to keep options open for school after high school. Even if I don't know what I want to do yet, the better the grades you get, the more opportunities are presented to you.

- Sophomore Maxwell Wilson

The Brain Olympics

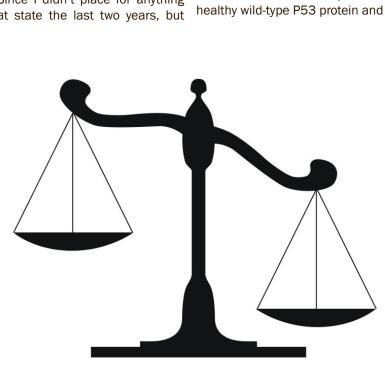
By Melody Garcia Staff Writer

January 22, 2019

ISEF is a science competition that encourages high school students to defy the boundaries of science. Each year, approximately 1,800 student finalists compete for over \$4 million worth of prizes. The winner of this competition receives \$75,000 for college. Wilsonville High School has an ISEF program to encourage students to take a part of this amazing opportunity. Rodayna Abdelhalim, Chloe Kuhlmann, Jared Wieland are all juniors participating this

These three students will be participating in ISEF this year and each one of them has a unique reason for why they have chosen to create an ISEF project. Jared Wieland says, "I decided to do ISEF this year because it's an amazing opportunity for growth and expansion of your ideas. You get to develop something you're interested in, get recognized for your work, and meet people interested in similar fields. It's also great for college applications!" Rodayna Abdelhalim became interested in ISEF while she was talking AP Biology last year, "I got an idea and it was too crazy and time consuming that I knew that I wouldn't be able to do it in any of my classes." Chloe has been participating in ISEF since she was a freshman and considers it one of her extracurriculars.

Like with everything big and exciting, one always has expectations on how one thing will play out. Abdelhalim says, "My expectations for the competition this year is to see great projects and ideas that would inspire me for next year." Chloe Kuhlmann has had some really good experiences with ISEF, "This year I'm hoping to go to state again and hopefully place somewhere for an award.



now that I'm an upperclassmen, I induce apoptosis in the cancer have more experience and can do cells. It's basically a nonsurgical better." Jared Wieland, who has treatment of malignant cancer also participated in ISEF previous tumors by CRISPR-Cas9 viral vecyears said, "Well this year there tors." He came about this idea are a lot more people compet- through "a lot of brainstorming ing with lots of different ideas for and lots of crossing out other projects. I expect a lot of competi- ideas." Abdelhalim's concept is: tion and great ideas at this years "To make an RNase that is able to cut the Hand Foot and Mouth Disease (HFMD) RNA at a specific This competition unites people sequence, and we are planning from all parts of the district, state, to introduce it to the cell using nation, and eventually, world! It's a virus vector. By doing this we a life changing competition that are hoping to find a treatment to teaches you a lot of lessons. HFMD, since it doesn't have any Kuhlmann says that this competreatments and the only known tition has benefited her in many vaccine only has approval in Chiways: she has obtained a lot of na." She came about this idea cool contacts, has become a bet- when she was in AP Biology. Kuhlter speaker, learned about a lot of mann shared her concept as well, topics, and has established good "My project is an investigation of connections with the teachers. equine assisted therapy and its Abdelhalim feels, "that the comimpact on patients. I've always petition will help me develop my been very passionate about how interest in science and help me animals can help people. Horses get in contact with smart people have been a big part of my life that have the same interests as and I want to share how horses

Some advice that Kuhlmann and ISEF is a great competition and Wieland have for anyone who Wilsonville High School students wants to join, but may be hesitant are lucky to have the opportunity is: "If you're hesitant about join- to sign up to test their hand at a ing, don't be. Time commitment science project. So if you want to can be an issue but even with the challenge yourself, learn more busiest schedule the ISEF direc- about science, and have some tors will work with you and help fun, be sure to sign up!

me. Also I think it will help me can improve the quality of life of

learn the process of developing individuals with disabilities."

an idea and keeping a journal for

you!" says Wieland. Kuhlmann

recommends, "Go talk to Dani-

elle! She has brilliant ideas and

makes complicated things simple

and doable. You don't have any

three contestants about their

ideas. Wieland's project concept

is: "Modifying and repairing the

TP53 gene in the P53 signaling

pathway in malignant cancer cells

using CRISPR-Cas9. This replace-

ment of the mutated TP53 gene

with a healthy version of the gene

thing to lose, so give it a try."

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AP students find their balance

By Ally F. & Meghann Y. Staff Writers

For a final treat, we asked these | Everyone knows that AP classes come with obvious benefits - college credit, a look into what classes will be like after high school, and an opportunity to challenge yourself. However, these rewards are only obtained after a year of hard work and studying for the AP exam. AP classes typically have will allow cancer cells to produce | a much tougher course load and more homework, meaning it can be hard to find time to fit in any other activities.

> Still, a large percentage of students in AP classes are also involved elsewhere in the school or in extracurriculars. Many of them are juniors and seniors who have spent years of high school perfecting their systems in order to balance their schoolwork and their outside interests.

> Junior Kylie Hix is taking four AP classes this year, dances at least twelve hours a week, and plays lacrosse in the spring. She keeps busy, but she has figured out the best way to succeed in everything she does, mentioning, "I try to do homework the minute I get home before I leave for my activities so I can finish while it is fresh in my

Hix also advises students who are

is much more time consuming der to get the desired results. than that of a typical high school course. Additionally, everyone seems to be in agreement that procrastination is the most difficult obstacle to overcome in terms of fitting everything in.

Wilsonville who is involved in a variety of extracurriculars, including ISEF and robotics. LaFreniere acknowledged that even with all these other interests, school has to come first. "I always put my homework before my extracur- the things that we riculars, so I might show up late to an activity because I chose to prioritize school work."

This can be a difficult decision to make, as junior Mikaela Ochocki realized. She admitted. "I had and still have - a bad habit of waiting super long to finish something because I'll value rehearsal first. but I'm a student first, so that's a

Even with these difficulties, most students find that AP classes and extracurriculars are worth the commitment. Whether it be

having trouble with their course sports, theatre, ISEF, or volunload to put their phone out of teering, you should never let your reach when working on home- schoolwork get in the way of dowork in order to minimize distrac- ing something you love. Junior Kylee Rusher suggests designating times to work on homework, Most students who are in AP and always putting your best efclasses agree that the homework fort into your assignments in or-

"Time and bal-Lauren LaFreniere is a senior at ance the two most difficult things to have control over, yet they are both do control."

Catherine Pulsifer

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ENTERTAINMENT *

WHS students gear up for Thespian Showcase

By Peyton Butler Staff Writer

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Thespian Showcase, also known as Night on Broadway, is a two day event for Wilsonville High School theatre students to prepare short competition pieces that show off their skills as actors in a wide array of theatrical genres. Genres include musical, comedic, or dramatic. Night on Broadway is meant to show off the competition pieces students will be bringing to Oregon Regional Thespian Competition on Feb-

Regionals/Night Broadway is a highly anticipated part of the year for members of troupe 5452. Students lie the

competitive atmosphere, as well tice run for Regionals. Those closed competition, the public as getting to meet people from nights are everything. Regionals can attend Night on Broadway on other schools in the region. Also is hectic, exciting, fun, and some- January 31st, and February 1st! It going more in-depth into single times stressful. It's so much fun." takes place in the Wilsonville High

said, "I'm looking forward to geting things in a smaller group, and petition is a good way to meet they head into competition! by myself, rather than in a big people, but it can make people ensemble." This will be Hall's first nervous to be judged on someyear participating in Regionals.

very different from a normal production at Wilsonville. For starters, there aren't any sets or props. Also, students wear no costumes, and everyone is dressed in all same competition room. It can be black. It also runs for only two scary to go after a group that had nights (January 31st and Febru- a really well done scene." This will ary 1st), instead of 6 nights.

Senior Katie Glavey stated, ing in Regionals. "Night in broadway is the prac-

Freshman Lizzie Hall participating in Regionals.

thing people spend a lot of time Night on Broadway is on.

> Junior John Cramer said. "It's really nerve racking because you're watching students from other schools perform in your be Cramer's third year participat-

While Regionals is a

This will be Glavey's second year School auditorium at 7pm. There is a \$5 donation recommended Being that Regionals is a donation to attend. Come supting to have more experience do- competition, it can be scary. Com- port our school's thespians as

Students celebrate after last year's regional competition. Wilsonville did very well last, but students are looking

January 22, 2019



Band and choir look ahead to performances

By Ian Flynn Staff Writer

ville High School's band and choir as helping others grow with a lot departments have been had an of positivity. But on top of all else, eventful first semester. Awards, she says that the team would love concerts, and retreats have grown to do well at festivals, League,

the top 5 for our school's division expectation for a good choir searight now, the choir team is still in son. their season and are preparing very hard. Choir's final competition is April 30th and band's will realm, Vincent Nguyen reports on be May 10th. Both of which will what the band team has been dobe at the LaSells Stewart Center ing in the past few months. "We at Oregon State down in Corvallis. focused most of our energy this

happened and what will happen competition in a few months." in choir. Cami Saunders recol- Says Nguyen. This answer is pretlects the past semester. "At the ty expected as we saw the results beginning of the year, we were of their efforts at the last school working on our set for the fall con- assembly. cert," as reported on in the last is sue of the paw print, the fall con-

Saunders brings to light set musical goals for "growing in for the remainder of the year. dynamics and sight reading," as

So far this year, Wilson- well as team goals for things such While OSAA says our band isn't in and positive attitude is a surefire

> semester on Christmas music, To inform more on what's and are now preparing for a band

Nguyen talks about how cert for choir and band were big the band team has been preparevents to show off their initial muing for what's to come. He tells us sical work of the season. To follow about how Mr. Chad Davies has up their great work from October, been "dishing out his knowledge" Saunders tells us that they've and that Nguyen's faith in Mr. Dabeen practicing with the band in vies is enough to make the entire preparation of their Winter Festi- band team succeed. This sounds val which consisted of a band and guite exciting and the band team choir retreat that was on the 30th is looking like they're having a good year so far.

As the year has come, the timeline for our choir team both band and choir have exas for when the competition ends celled and the students should and her personal goals for choir be proud. Everyone involved has season. "All throughout spring," shown both enjoyment from the she says "we attend festivals that art as well as satisfaction from give us scores and feedback to the sport. With another semester help us prepare for League." The to go, the anticipation for good choir league competition is April band and choir seasons only 10th and the state competition grows exponentially. Let's all recis May 1st. With a lot of pressure ognize and wish good luck to evand excitement, Saunders has eryone indulging in musical arts

In the spotlight: Sophomore Kaiya Shivers is rising star who shines brightly

Shivers speaks about her accomplisiments in WHS theatre

By Zoe Lyons

department's strong season owes its thanks to their super talented actors. I sat down with one of the department's rising stars, sophomore Kaiya Shivers, to talk about her love of theater, her favorite musicals, and what she's derella looking forward to in the future.

Before acting in high school

Some of her early roles include Fiona in the CYT production of Shrek and Alice in In Your Dreams. Clearly, drama has been a lasting part of her life, but Shivers demurs "I just really love singing and dancing and acting."

For her first show at Wilsonville, she was in the ensemble of the musical The Little Mermaid. "It was cool getting to know everyone," says Shivers.

Her favorite part about her freshman year was the Regionals drama competition: "I did a duet... it was my first bigger Sophomore Kaiya Shivers thing to show directors. I really like singing so it was cool to do

"The high school is cool, cause the community at the school all support the kids," says Shivers, who has made a lot of

County Spelling Bee as well as kind of movies Lake Oswego's production of Cin-

came and saw Legally Blonde too, was one of my favorites...and I doing theater since she was in so it was nice to say 'hi' to them... was so excited to hear we were kindergarten, joined the drama lt's cool to see all the school com-doing that."

Kaiya was doing "little things" at musicals outside of school. Over ers really enjoyed wearing every places like the Christian Youth the summer she and her fam- night. "(Elle Woods) wears pink



has participated in many WHS productions. Shivers enjoys performing in front of an audience and being with friends.

friends since joining the drama ily went on a trip to New York, club. "It's fun getting to know where they saw Mean Girls and people that do the same thing." Dear Evan Hansen. She said that On top of making friends here if she could be in any show at The Wilsonville drama at Wilsonville, she has gotten to the high school she would like know a lot of people in the drama to do one of those "highschool-y clubs at nearby schools. Recently shows, like Bring it on or, Heathshe attended West Linn's produc- ers, even High School Musical" tion of The 25th Annual Putnam because those are her favorite

Shivers played Elle Woods in this year's fall musical "A lot of West Linn people Legally Blonde. "Legally Blonde

Kaiya also enjoys seeing a lot of fun costumes that Shivall the time and all those cute outfits, especially in the first act. I loved that act because I got to wear different dresses and

Although theater is a really fun activity there are some challenging aspects, "Auditioning is stressful." Even though the audition process can be difficult, Shivers said that the community rallies around each other, "It's good to support each other even when you're upset, that's probably the hardest thing, but it's really important." Shivers offered this ad-

vice for people struggling with the audition process, "I know last year I was really upset with auditions, but you have to work to earn your spot. You have to put in work and time."

By Isaac Boger Arts and Entertainment Section Editor

Ross is turning heads with her and an addiction.... unique fashion sense and unde-

In a sea of bland fash- is sustainable (so yay eEarth!) ion straitght off the racks of Nike cheaper, and you get more unique and Brandy Melville, Jjunior Ciera things! It's really an adventure

niable style. Ciera draws her in- How do you cultivate a "look" and spiration from unusual sources when do you know if something is



Ciera Ross' Alexander McQueen Inspired piece for the Day of the Dead dia that I'm using, but for my next piece which will be endless possibilities that I could festival

steer her outfit choices. I sat her amazing artistic abilities and puts me in a box. she has garnered a lot of awards I just try to wear and recognition for her unique what I like and painting style which incorporates always have my pencils and dark colors to ren- Docs or Levis. der paintings in grungy realism. When you feel Here, she discusses her fashion good you know secrets, celebrity influences, and it's right. direction for future art pieces.

IB: You are widely considered a ers inspire your fashion icon around the school. clothing choic-When did you begin noticed peo- es? ple were interested in what you were wearing?

CR: Oh wow! So I guess I would Alexander Mcsay that I am actually always sur- qQueen but prised when people are interest- could go on fored in what I'm wearing. I just have ever about him. always worn what I wanted and I I also love the am so lucky to have an amazing imagination of group of friends and acquaintanc- Gucci by Aleses that support me in my fashion sandro Michele endeavors. I think, however, that and the weirdit really hit me that people were ness by Balencinoticing when upperclassmen aga - the designthat I looked up to started saying ers that inspire things or when random people me are endless. I came up to me to tell me they love anything that shocks me and projects! liked what I was doing.

Where do you like to buy your

I pretty much exclusively online? thrift or buy vintage clothing. It

down with my good friend and fel- When I'm cultivating a "look", I low artists to discuss the secrets usually get inspired by something of her "lewks". . Unbeknownst or just wear my favorite items. I to some, Ross's talent at put- try not to think "oOh would this fit ting together looks is matched by my style?", because I find that it

Well, I'm in love with

makes me thinkwonder, "Why didn't I think of that!"

☐ do you look for style inspiration

iennymustard.

Wilsonville Fashion Icon Ciera Ross on Art and Inspiration

What are your weirdest fashion inspirations?

Mercury, and Prince.

You are multi-talented at both 3d though it may and 2d art, does your not be what you art inspire your fashion? would see. Does your fashion in-

> spire your art? I would say so. you I think that all aspects working on? of art in my life affect all aspects of my life at the ing on my day of same time. For instance, the dead piece right now I've been into which is dedicatall things goth and also ed to Alexander graphic novels. So that McQueen. I am is the direction my art is almost done with going, as well as my style it, and I'm just and the music I listen to. finishing up the How is your sculptural details that will

tal process but they also tell the am using microns and black cop- focus and customize so much same story. I am really focused on ics only. It is also a challenge for time on my art and story. 2D art right now so that's where me and I'm pushing myself out of my mind is going at this time, but my comfort zone for sure but I'm You draw and paint a lot - how do I always have ideas for new art super passionate about it. It is a

youtubers like @wearilive and @ Bowie, Freddie Mercury, Prince. continuing to explore mental ill-

I think the weirdest fashion in- want to tell, or something I need spirations for me are drag queen to do for myself. I then take a ref- How has your art evolved since Katya Zamolodchikova, graphic erence photo and go from there. I freshman year? novels, movies, and old male like my pieces to be in the realm icons like David Bowie, Freddie of possibility, although I do like and trying new medias. I have

ARTS & #

By Ciera Ross

I don't ever want me and has been to lose myself in my me- a journey. I am also very excited have been introduced to all of the they are very different and more of a comic style. I can't stop do. I think it's been a great jourthey take a different men- working on it and planning it out! I ney so far and I'm glad I can fully

been gravitat- then I just do my thing! I just draw ing towards or paint or charcoal what I see is there. I know that's over simplify-Black ing it but that's the only way I can

go wrong with What art styles/subjects/themes a good green do to want to incorporate into

I already talked about What themes this a little, but my next project is and colors do going to be a more comic-style ilyou want to lustration which is new to me and explore in up-very exciting. It will still be in 'my coming paint- style' and aesthetic of art, but be something that I've never done. I will be I do want to focus on people still exploring mim- and use portraits and realism but icking some of I am trying to be more creative my favorite graphic novel artists and play with lighting, angles, and using a lot of black. It will and drawing bodies more. I might What are your weirdest fashion be weird and dark. And amazing. even play with some other ob-



Ciera Ross poses in one of her iconic outfits.

inspirations?

I think the weirdest fashion inspi- myself with new colors and exrations for me is Katya Zamolod- ploring what works for me since I look at pintrest way too chikova, graphic novels, movies, I don't like using color a lot. My

I also want to keep challenging jects.

You can never

much! But I also look at some and old male icons like David concentration will be the same What is your process for creating ness through my art and telling stories that aren't usually told. For all of my art, it starts want my art to be an experience with an idea, a story, something I and make you feel something.

I am taking a lot of risks surrealist artwork. I just paint known the story I want to tell

> though. So hope to my touch and I don't have. think the change less about subject,

> > about how

able to fo

subject and

and black. explain it.

though. Just your art this year?

BACK PAGE

Volume 3, Issue 2 January 22, 2019

December to Remember: Review of Young the Giant

By Alaina B. & Ian F. Sec. Editor & Staff Writer

Every December, Portland's alternative radio station, 94.7fm, holds 12 unique concerts at the infamous McMenamins' Crystal Ballroom. Past Decembers have been nothing short of spectacular, as many local concert goers look forward to this opportunity to see up-andcoming artists as well as wellestablished performers such as The Lumineers, Weezer, Joywave, The Shins, and Atlas Genius. The event is notorious for selecting artists with a great stage presence and having a well-rounded lineup, and this year's was no different.

For December to Remember 2018, the following artists who performed were:

December 3rd: Mt. Joy, 4th: Matt and Kim, and The Knocks, 5th: Elle King, and Flora Cash, 8th: Alice Merton, 10th: Billie Eilish, 11th: Nathaniel Rateliff & the Night Sweats , 12th: Death Cab for Cutie, 13th: Young the Giant, 18th: Lovelytheband, and The Interrupters

I got the chance to sit down with avid concert-goer and senior, Honour Colby. Colby goes to concerts all throughout the year and although she didn't attend this December to Remember, she went to Electric Picnic this past August. Electric Picnic is another festival put on by 94.7fm at Hillsboro Stadium which had artists such as Cake, MGMT, Matt and Kim and a few more.

"I go to concerts because it's something that never gets old



meet new people"

Colby is interested in alternative, rock, and R&B and her favorite concerts she has seen this past year were Kendrick Lamar/SZA, Lorde, and MGMT. She is considering going to Bumbershoot in Seattle or Firefly in Dover this upcoming year if the lineup of artists are worth it.

Going to concerts all the time can get a little pricey; how-

and it's one of the best ways to ever, Honour believes that "if you like the artist then it's probably worth it".

> Staff writer Ian Flynn and I,got the chance to see Young the Giant, one of the last December to Remember shows in the festival. For a single ticket, the prices were a little steep at \$39.50 a piece; however, the venue of the Crystal Ballroom was well worth

is an infamous concert venue panying each song. The eclectic in Portland. With high ceilings, decorative details such as Chancrowds, it makes this venue the perfect place for a good concert. For the opening act, Rare Monk, went with the vibe of the band we Back. came to see.

band made its way on stage. They doesn't look like it's slowing down had a very upbeat stage pres- anytime soon after the release of The Crystal Ballroom ence, with varying tempos accom- their fourth LP.

indie rock band perfectly meshed their previous albums, Home of deliers and ample room for big the Strange, and self-titled album, Young the Giant into the setlist with songs from their new album such as Superposition, they were less than notable but Heat of the Summer, and Call Me

> With an airy flare to their A little after 9pm, the newest album, Young the Giant

Destressing before finals

By Cydney Gutridge Sports Editor

Finals are just around the corner which means students may be anxious about the full week of taking tests. In preparation for some of the most important tests of the year, it's crucial to find some ways to calm your nerves. The more relaxed you remain, the more likely you will perform best on the exam. A few students share some of their techniques, having experienced finals week multiple times.

One of the most common strategies is to be prepared for all of your tests. junior Kayla Hieb says, "Study for finals in advance and try not to cram everything in at the last minute." According to the UCLA Newsroom, don't even bother staying up late to study last minute for a test - what's more important is that you get a

of time will allow you to get the most sleep during finals week.

Although everyone studies for tests differently, what's most important is finding the is to communicate with your most efficient way to learn and remember the information. Senior Kennedy Waible says "Sticky notes are a must, especially in textbooks, and highlighters are also nice to have because you can color coordinate your information." This method might be worth trying to help learn the information quickest.

Senior Jack Burns has a little different method: "I fill out a note card or a piece of paper that has the answers I need to know or the strategies I need to use on going into each and every one of my tests."

out different ways to learn the information, because it might be

good night's rest. Studying ahead worth taking the extra time to get a higher grade. Once you find a method you like, you could use it throughout your schooling career

> Another essential point teachers and classmates. Sophomore Sydney Burns says, "Talk to your teachers before finals and ask them what you need to study, or how they think you'll do on a test." This may be effective finding a different person's point of view to be most prepared for the test. Also, don't be afraid use your classmates as a tool because they are trying to learn the same material. Studying with someone in your class can be very benefi-

Lastly, confidence is key your tests. After studying all the material possible, believe in your-Get creative and test self that you will do well on the

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